

香港糖尿聯會健康長跑2019										
13 Jan 2019 Sunday - Temperature: 17.7C Humidity: 95%										
All Results - Team										
TeamRank	TeamLegRank	Cat Name	TeamName	Bib	Tag	Chi Name	Eng Name	Team Official Time	Gender	Official Time
1	1	Men Team 10Km	糖尿俠	3023	28175	黃永耀	Wong Wing Yiu Sunny	02:14:26	M	00:43:31
1	2	Men Team 10Km	糖尿俠	3024	28176	韓溢明	Hon Yat Ming	02:14:26	M	00:45:04
1	3	Men Team 10Km	糖尿俠	2006	28069	李修任	Lee Sau Yam	02:14:26	M	00:45:52
2	1	Men Team 10Km	紅糾兵A隊	3092	28244	羅錦華	Lo Kam Wah	02:27:56	M	00:47:25
2	2	Men Team 10Km	紅糾兵A隊	4314	28600	鄧偉雄	Tang Wai Hung	02:27:56	M	00:49:16
2	3	Men Team 10Km	紅糾兵A隊	4313	28599	林志祥	Lam Che Cheung	02:27:56	M	00:51:16
3	1	Men Team 10Km	Novartis1	2077	28140		Adam Chan	02:37:50	M	00:51:38
3	2	Men Team 10Km	Novartis1	4359	28645		Raymond Chan	02:37:50	M	00:52:26
3	3	Men Team 10Km	Novartis1	3111	28263		Nelson Leung	02:37:50	M	00:53:46
4	1	Men Team 10Km	Ebenezer Brothers	3054	28206	梁力文	Leung Lick Man Raymond	02:41:48	M	00:43:08
4	2	Men Team 10Km	Ebenezer Brothers	4039	28325		Benedict FU	02:41:48	M	00:54:41
4	3	Men Team 10Km	Ebenezer Brothers	3015	28167	劉偉恩	LAU WAI YAN	02:41:48	M	01:04:00
5	1	Men Team 10Km	紅糾兵B隊	4319	28605	陳雲嵩	Chan Wan Shong	03:01:28	M	00:56:31
5	2	Men Team 10Km	紅糾兵B隊	4320	28606	李松森	Lee Chung Sum	03:01:28	M	01:01:19
5	3	Men Team 10Km	紅糾兵B隊	4318	28604	梅偉強	Moy Wai Keung	03:01:28	M	01:03:39
6	1	Men Team 10Km	紅糾兵D隊	4316	28602	賴志遠	Lai Chi Yuen	03:10:46	M	01:02:07
6	2	Men Team 10Km	紅糾兵D隊	4317	28603	彭博民	Pang Pok Man	03:10:46	M	01:02:49
6	3	Men Team 10Km	紅糾兵D隊	4315	28601	李幼球	Lee Yau Kai	03:10:46	M	01:05:51
7	1	Men Team 10Km	高速快車(2)	4156	28442	鍾達寬	Chung Dak Fun	03:12:09	M	00:58:26
7	2	Men Team 10Km	高速快車(2)	4157	28443	林國偉	Lam Kwok Wai	03:12:09	M	01:06:03
7	3	Men Team 10Km	高速快車(2)	4155	28441	賴國輝	Lai Kwok Fai	03:12:09	M	01:07:41
8	1	Men Team 10Km	紅糾兵E隊	4311	28597	劉國康	Lau Kwok Hong	03:15:12	M	01:03:54
8	2	Men Team 10Km	紅糾兵E隊	4310	28596	呂振雄	Lui Chun Hung Tony	03:15:12	M	01:04:07
8	3	Men Team 10Km	紅糾兵E隊	4312	28598	李國中	Li Kwok Chung	03:15:12	M	01:07:12
1	1	Men Team 5Km	AR	M144	29133		WONG Ka Kit	01:05:45	M	00:21:40
1	2	Men Team 5Km	AR	M143	29132		WONG YIU Sun	01:05:45	M	00:21:40
1	3	Men Team 5Km	AR	M145	29134		WONG Hoi Ching	01:05:45	M	00:22:26
2	1	Men Team 5Km	東健男隊	M158	29147	黃璽儒	Wong Sai Yu	01:13:09	M	00:20:44
2	2	Men Team 5Km	東健男隊	M159	29148		Arthur Young	01:13:09	M	00:25:58
2	3	Men Team 5Km	東健男隊	M157	29146		Choi Heung Yeung	01:13:09	M	00:26:27
3	1	Men Team 5Km	大埔那戰士	E18	28950		Wan Ching Kit	01:19:59	M	00:22:07
3	2	Men Team 5Km	大埔那戰士	E28	28960		Hui Wai Man	01:19:59	M	00:27:59
3	3	Men Team 5Km	大埔那戰士	E17	28949		Tsang Chiu Chi	01:19:59	M	00:29:54
4	1	Men Team 5Km	HKEC Star	E26	28958		Chan Kin Yip	01:22:09	M	00:25:35
4	2	Men Team 5Km	HKEC Star	E27	28959		Lai Wing Kai Marcus	01:22:09	M	00:27:28
4	3	Men Team 5Km	HKEC Star	E25	28957		To Ka Fai	01:22:09	M	00:29:06
5	1	Men Team 5Km	NPG	M033	29022	黎流波	Lai Lau Po	01:36:39	M	00:29:20
5	2	Men Team 5Km	NPG	M034	29023	黎健輝	Lai Kin Fai	01:36:39	M	00:33:40
5	3	Men Team 5Km	NPG	M035	29024	劉丙華	Lau Ping Wa Eric	01:36:39	M	00:33:40
6	1	Men Team 5Km	Novartis 5	M146	29135		LAW Peter	01:42:18	M	00:29:24
6	2	Men Team 5Km	Novartis 5	M147	29136		KWOK Issac	01:42:18	M	00:29:30
6	3	Men Team 5Km	Novartis 5	M148	29137		CHAN Calvin	01:42:18	M	00:43:26

TeamRank	TeamLegRank	Cat Name	TeamName	Bib	Tag	Chi Name	Eng Name	Team Official Time	Gender	Official Time
7	1	Men Team 5Km	HKEC 7	M154	29143	黃熒	Wong Ing	01:49:26	M	00:34:15
7	2	Men Team 5Km	HKEC 7	M156	29145	蘇保華	So Po Wah Alan	01:49:26	M	00:35:11
7	3	Men Team 5Km	HKEC 7	M155	29144	戴國漢	Tai Kok Hon	01:49:26	M	00:40:00
8	1	Men Team 5Km	HKEC 5	M162	29151	黃培桑	Wong Pui Sun	01:50:43	M	00:25:48
8	2	Men Team 5Km	HKEC 5	E24	28956		Chow Ming Tat	01:50:43	M	00:39:59
8	3	Men Team 5Km	HKEC 5	E21	28953		Lee Tsz Chung Alex	01:50:43	M	00:44:57
1	1	Women Team 10Km	TKO runners	7063	28783	林潔榕	Lam Kit Yung	02:44:37	F	00:51:40
1	2	Women Team 10Km	TKO runners	7030	28750		LAU WING SZE	02:44:37	F	00:56:25
1	3	Women Team 10Km	TKO runners	8058	28849	Annie	Annie Chan	02:44:37	F	00:56:34
2	1	Women Team 10Km	紅糾兵C隊	8126	28917	鄧彩蘭	Tang Choi Lan	02:57:37	F	00:56:31
2	2	Women Team 10Km	紅糾兵C隊	7062	28782	羅錦霞	Lo Kam Ha	02:57:37	F	00:58:56
2	3	Women Team 10Km	紅糾兵C隊	8127	28918	李玉燕	Lee Yuk Yin	02:57:37	F	01:02:12
3	1	Women Team 10Km	HKEC 8	E09	28941		Law Kwun Kiu Monica	03:18:24	F	00:58:17
3	2	Women Team 10Km	HKEC 8	E12	28944		Ho Pik Lai Erica	03:18:24	F	01:01:43
3	3	Women Team 10Km	HKEC 8	6044	28710	蕭安亭	Siu On Ting Anna	03:18:24	F	01:18:26
4	1	Women Team 10Km	Bandilang Ponas	8123	28914		Jean Javillonar	03:27:10	F	00:55:08
4	2	Women Team 10Km	Bandilang Ponas	8124	28915		Rosalinda Porosa	03:27:10	F	01:14:41
4	3	Women Team 10Km	Bandilang Ponas	7061	28781		Gina Jalmasco	03:27:10	F	01:17:21
1	1	Women Team 5Km	東健女隊	E54	28986		Chun Po Yan	01:20:06	F	00:25:48
1	2	Women Team 5Km	東健女隊	E53	28985	楊苡珊	Samantha Young	01:20:06	F	00:26:17
1	3	Women Team 5Km	東健女隊	W178	29335	陳卓絲	Chan Jessica	01:20:06	F	00:28:03
2	1	Women Team 5Km	Eatastic 3	W107	29264	胡嘉儀	Woo Ka Yi Sarah	01:31:36	F	00:27:52
2	2	Women Team 5Km	Eatastic 3	W105	29262	冼慧婷	Sin Wai Ting	01:31:36	F	00:31:24
2	3	Women Team 5Km	Eatastic 3	W106	29263	潘文英	Poon Man Ying Betty	01:31:36	F	00:32:21
3	1	Women Team 5Km	HKEC 1	E44	28976		Cheung Shuk Man	01:49:32	F	00:29:48
3	2	Women Team 5Km	HKEC 1	E49	28981		Li Kwai Ling	01:49:32	F	00:37:52
3	3	Women Team 5Km	HKEC 1	E43	28975		Ng Yui Yan	01:49:32	F	00:41:53
4	1	Women Team 5Km	HKEC Beauty	E33	28965		Sit Pui Yi	02:05:45	F	00:31:33
4	2	Women Team 5Km	HKEC Beauty	E34	28966		Chan Ka Wai	02:05:45	F	00:47:07
4	3	Women Team 5Km	HKEC Beauty	E35	28967		Sze Tung Lei	02:05:45	F	00:47:07
5	1	Women Team 5Km	HKEC 6	E52	28984		Leung Suk Ching Dorothy	02:08:18	F	00:34:17
5	2	Women Team 5Km	HKEC 6	E42	28974		Cheng Hop Chun	02:08:18	F	00:40:31
5	3	Women Team 5Km	HKEC 6	E50	28982		Cheng Chor King Lily	02:08:18	F	00:53:32
6	1	Women Team 5Km	HKEC 2	E46	28978		Lau Sau Lin Tracy	02:26:20	F	00:39:33
6	2	Women Team 5Km	HKEC 2	E45	28977		Lam Yuen Hung	02:26:20	F	00:46:39
6	3	Women Team 5Km	HKEC 2	E47	28979		Wong Ka Yi	02:26:20	F	01:00:09
7	1	Women Team 5Km	HKEC 3	W180	29337	陳國蓮		02:30:38	F	00:37:46
7	2	Women Team 5Km	HKEC 3	W181	29338	余美萍		02:30:38	F	00:52:45
7	3	Women Team 5Km	HKEC 3	E48	28980		Huang Hiu Ying	02:30:38	F	01:00:08