

香港糖尿聯會健康長跑2019								
13 Jan 2019 Sunday - Temperature: 17.7C Humidity: 95%								
All Results - 5km								
Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
0	0	0	Men's 5km Open	M068	麥頌昕	Mak Chung Yan	M	00:39:47
1	1	1	Men's 5km Open	M158	黃璽儒	Wong Sai Yu	M	00:20:44
3	3	2	Men's 5km Open	M144		WONG Ka Kit	M	00:21:40
5	5	3	Men's 5km Open	M143		WONG Ying Sun	M	00:21:40
9	9	4	Men's 5km Open	M145		WONG Hoi Ching	M	00:22:26
12	11	5	Men's 5km Open	M015	蔡美強	Choi Mei Keung04	M	00:23:06
13	12	6	Men's 5km Open	M084	陳駿瑋	CHAN CHUN WAI	M	00:23:23
14	13	7	Men's 5km Open	M048	王少強	Wong Siu Keung	M	00:24:09
16	14	8	Men's 5km Open	M069	何海勝	HO HOI SING	M	00:25:12
17	15	9	Men's 5km Open	M029	邱碩雄	KHOO SHEK HIONG	M	00:25:19
20	18	10	Men's 5km Open	M021	郭家文	kwok kar man	M	00:25:41
23	19	11	Men's 5km Open	M162	黃培桑	Wong Pui Sun	M	00:25:48
25	21	12	Men's 5km Open	M159		Arthur Young	M	00:25:58
27	23	13	Men's 5km Open	M054	馮淇賢	FUNG KI YIN	M	00:26:01
28	24	14	Men's 5km Open	M003	李國輝	Lee Kwok Fai	M	00:26:03
32	25	15	Men's 5km Open	M157		Choi Heung Yeung	M	00:26:27
34	27	16	Men's 5km Open	M122		Jason Li (M)	M	00:26:41
35	28	17	Men's 5km Open	M095	陳樹銘	Chan Shu Ming	M	00:26:43
36	29	18	Men's 5km Open	M064	鄒振昌	CHOW CHUN CHEONG	M	00:26:45
44	34	19	Men's 5km Open	M125	呂彥銘	Lui Yin Ming	M	00:28:00
45	35	20	Men's 5km Open	M092	侯志良	Hau Chi Leung	M	00:28:03
49	36	21	Men's 5km Open	M141		Leung Cheuk Man	M	00:28:50
53	39	22	Men's 5km Open	M033	黎流波	Lai Lau Po	M	00:29:20
55	41	23	Men's 5km Open	M146		LAW Peter	M	00:29:24
57	43	24	Men's 5km Open	M132		Lucas Chan	M	00:29:27
58	44	25	Men's 5km Open	M147		KWOK Issac	M	00:29:30
63	46	26	Men's 5km Open	M032	賴天朗	Lai Tin Long Tyron	M	00:29:52
64	47	27	Men's 5km Open	M058		Lee Kwong Shing	M	00:29:52

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
67	50	28	Men's 5km Open	M066	陳培正	CHAN PUI CHING	M	00:29:54
68	51	29	Men's 5km Open	M001	李明佳	Lee Ming Kai Louie	M	00:29:58
72	52	30	Men's 5km Open	M139		Cheung Tsz Fung	M	00:30:18
73	53	31	Men's 5km Open	M134		Lawrance Chan	M	00:30:21
76	54	32	Men's 5km Open	M091	鄭樹榮	Cheng Shu Wing	M	00:30:56
78	56	33	Men's 5km Open	M115	鄺約南	Kwong Jonan	M	00:31:11
87	57	34	Men's 5km Open	M055	何俊傑	HO Chun Kit	M	00:31:41
90	58	35	Men's 5km Open	M129		Charles Yeung	M	00:31:49
93	59	36	Men's 5km Open	M096	吳廷楓	Ng Ting Fung	M	00:32:00
96	60	37	Men's 5km Open	M121	梁瀚滔	Leung Hon To	M	00:32:15
97	61	38	Men's 5km Open	M123	鍾文俊	Clement Chung Man Chun	M	00:32:17
100	62	39	Men's 5km Open	M140		Chu Widson	M	00:32:26
101	63	40	Men's 5km Open	M049	黃龍波	Wong Lung Po Alex	M	00:32:30
102	64	41	Men's 5km Open	M138		Ben Yiu	M	00:32:44
104	65	42	Men's 5km Open	M038	林文明	Lam Man Ming	M	00:32:47
105	66	43	Men's 5km Open	M030	邱俊麒	KHOO CHUN KEE	M	00:32:49
106	67	44	Men's 5km Open	M056		Lam Wai Hin Raymond	M	00:32:51
109	69	45	Men's 5km Open	M104	劉子進	Lau Tsz Chun	M	00:33:13
110	70	46	Men's 5km Open	M076	潘俊熙	POON Chon Hei	M	00:33:22
112	72	47	Men's 5km Open	M133		Roy Chan	M	00:33:38
113	73	48	Men's 5km Open	M034	黎健輝	Lai Kin Fai	M	00:33:40
115	75	49	Men's 5km Open	M035	劉丙華	Lau Ping Wa Eric	M	00:33:40
118	77	50	Men's 5km Open	M150	鄭世隆	Cheng Sai Lung	M	00:33:50
120	78	51	Men's 5km Open	M089	徐振權	Tsui Chun Kuen	M	00:33:57
122	79	52	Men's 5km Open	M093	鄭嘉進	Cheng Ka Chun	M	00:34:02
124	80	53	Men's 5km Open	M061	黎志剛	LAI CHI KONG	M	00:34:02
125	81	54	Men's 5km Open	M065	李伯康	LEE PAK HONG	M	00:34:03
125	81	54	Men's 5km Open	M116	劉富庸	Alex Lau	M	00:34:03
129	83	56	Men's 5km Open	M154	黃熒	Wong Ing	M	00:34:15
133	85	57	Men's 5km Open	M007	黃文傑	Wong Man Kit Odee	M	00:34:22
135	86	58	Men's 5km Open	M016		HO CHUN FAI	M	00:34:41
137	87	59	Men's 5km Open	M105	翟逸東	Chak Yat Tung	M	00:34:46
140	88	60	Men's 5km Open	M044	李繼淳	LEE KAI SHUN	M	00:35:04
141	89	61	Men's 5km Open	M051	莫子雲	MOK TZE WAN	M	00:35:07

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
142	90	62	Men's 5km Open	M126		Anderson Vong	M	00:35:08
143	91	63	Men's 5km Open	3108		Meneux, Gwenael	M	00:35:09
144	92	64	Men's 5km Open	M156	蘇保華	So Po Wah Alan	M	00:35:11
146	94	65	Men's 5km Open	M025	許漢強	Hui hon Keung Romeo	M	00:35:36
147	95	66	Men's 5km Open	M099	譚雋文	Tam Chun Man	M	00:35:48
151	96	67	Men's 5km Open	M124	曾華彬	Victor Tsang	M	00:35:51
152	97	68	Men's 5km Open	M117	聶偉祺	Lip Wai Ki	M	00:35:52
158	98	69	Men's 5km Open	M118	陳宇軒	Cyrus Chan	M	00:36:19
161	99	70	Men's 5km Open	M043	陳偉成	CHAN Wai Shing, Ricky	M	00:36:28
164	100	71	Men's 5km Open	M053	張宇航	Cheung Yu Hong	M	00:36:31
165	101	72	Men's 5km Open	M165		Chan Ka Chun	M	00:36:34
168	102	73	Men's 5km Open	M031		John Rhusty P. Gacilan	M	00:36:50
173	103	74	Men's 5km Open	M111	黃河	Wong Ho	M	00:37:12
174	104	75	Men's 5km Open	M100	袁偉昌	Yuen Wai Cheong	M	00:37:19
176	105	76	Men's 5km Open	M071	陳錫祺	CHAN SIK KI	M	00:37:26
177	106	77	Men's 5km Open	M063	陳旭爭	CHAN YUK TSANG	M	00:37:29
178	107	78	Men's 5km Open	M114	馮振邦	Fung Chun Pong	M	00:37:29
179	108	79	Men's 5km Open	M109	譚志聰	Tam Chi Chung	M	00:37:30
181	109	80	Men's 5km Open	M119	方衍堯	Fong Hin Yiu	M	00:37:42
187	110	81	Men's 5km Open	M106	謝亦昇	Tse Yik Sing	M	00:37:54
188	111	82	Men's 5km Open	M151	黃德基	Wong Tak Kei	M	00:37:55
190	112	83	Men's 5km Open	M075	李達文	Li Tat Man	M	00:38:22
191	113	84	Men's 5km Open	M074	馬樹新	Ma Shu Sun	M	00:38:28
193	115	85	Men's 5km Open	M067	鄧榮新	TANG WING SUN	M	00:38:32
196	116	86	Men's 5km Open	M011		Au Andy	M	00:38:55
210	119	87	Men's 5km Open	M155	戴國漢	Tai Kok Hon	M	00:40:00
214	121	88	Men's 5km Open	M024	葉沛霖	Ip Pui Lam	M	00:40:16
216	122	89	Men's 5km Open	M110	曾廣成	Tsang Kwong Shing	M	00:40:28
217	123	90	Men's 5km Open	M052	葉龍生	Ip Lung Sang	M	00:40:29
222	124	91	Men's 5km Open	M072	吳慧昌	NG WAI CHEONG RAY	M	00:40:34
227	125	92	Men's 5km Open	M026	梁耀權	Leung Yiu Kuen	M	00:40:57
230	126	93	Men's 5km Open	M022	李強申	LI KEUNG SUN	M	00:41:42
235	127	94	Men's 5km Open	M019	雷得成	lui tak shing	M	00:42:01
237	128	95	Men's 5km Open	M020	鍾德榮	Chung tak shing	M	00:42:04

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
239	129	96	Men's 5km Open	M036	蘇國樑	So Kwok Leung	M	00:42:13
241	130	97	Men's 5km Open	M023	劉容勳	Lau Yung Fun	M	00:42:35
242	131	98	Men's 5km Open	M085	劉敏聰	Lau Man Chung	M	00:42:43
243	132	99	Men's 5km Open	M153	溫德建	Wan Tak Kin	M	00:42:49
244	133	100	Men's 5km Open	M086	張石翔	Andrew Cheong	M	00:42:51
245	134	101	Men's 5km Open	M004	黃乃恩	WONG LAI YAN	M	00:42:51
249	135	102	Men's 5km Open	M148		CHAN Calvin	M	00:43:26
255	137	103	Men's 5km Open	M018		woo lap yee	M	00:43:44
260	138	104	Men's 5km Open	M083	王綏鍵	Wong Shun Kin	M	00:44:48
261	139	105	Men's 5km Open	M010	陳漢文	CHAN HON MAN	M	00:44:51
265	142	106	Men's 5km Open	M070	吳志平	NG CHI PING	M	00:45:03
266	143	107	Men's 5km Open	M108	許樑堯	Hui Leung Yau Tommy	M	00:45:15
268	144	108	Men's 5km Open	M135		Eric Lee	M	00:45:26
270	145	109	Men's 5km Open	M136		Johan Lee	M	00:45:27
271	146	110	Men's 5km Open	M009	張貴成	CHEUNG KWAI SING	M	00:45:40
276	147	111	Men's 5km Open	M077	羅偉泉	Law Wai Chuen	M	00:46:29
280	148	112	Men's 5km Open	M039	昌國輝	CHEONG KWOK FAI	M	00:46:46
290	149	113	Men's 5km Open	M081	韓錦良	Hon Kam Leung	M	00:47:20
296	150	114	Men's 5km Open	M113	許伯樂	Hui Pak Lok	M	00:49:32
297	151	115	Men's 5km Open	M163	梁仲翹	Leung Chung Kiu	M	00:49:34
298	152	116	Men's 5km Open	M094	葉志豪	Ip Chi Ho Ben	M	00:49:36
307	153	117	Men's 5km Open	M012	王肇財	WONG SIU CHOY	M	00:51:03
317	154	118	Men's 5km Open	M101	馬偉忠	Ma Wai Chung	M	00:52:20
318	155	119	Men's 5km Open	M103	程敏謙	Ching Man Him	M	00:52:21
319	156	120	Men's 5km Open	M107	李偉倫	Lee Wai Lun	M	00:52:25
323	157	121	Men's 5km Open	M137		Ken Yick	M	00:53:28
330	158	122	Men's 5km Open	M014	陳健祥	Chan kin cheung	M	00:54:37
334	159	123	Men's 5km Open	M060		LAO Wai Shing William	M	00:55:58
335	160	124	Men's 5km Open	M027	何榮	Ho wing	M	00:56:17
337	161	125	Men's 5km Open	M128		Luke Tsang	M	00:57:46
343	162	126	Men's 5km Open	M161	凌劍鴻	Ling Kim Hung	M	01:00:36
349	163	127	Men's 5km Open	M062	張樂廣	CHEUNG LOK KWONG	M	01:03:54
350	164	128	Men's 5km Open	M098	彭肇基	Pang Siu Kei	M	01:03:58
357	165	129	Men's 5km Open	M046	林思源	Lam Sze Yuen Helfgod	M	01:11:01

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
11	1	1	Women's 5km Open	W103		Hau Ka yan	F	00:22:40
15	2	2	Women's 5km Open	W005		lee pui yee agnes	F	00:24:42
29	5	3	Women's 5km Open	W010		Ng Ching I	F	00:26:09
39	8	4	Women's 5km Open	W017		Chan Wan Fong	F	00:27:48
40	9	5	Women's 5km Open	W107	胡嘉儀	Woo Ka Yi Sarah	F	00:27:52
46	11	6	Women's 5km Open	W178	陳卓絲	Chan Jessica	F	00:28:03
48	13	7	Women's 5km Open	W136	陳朝楓	Chan Chiu Fung Ashley	F	00:28:43
52	14	8	Women's 5km Open	W015	石麗雲	Lai Wan	F	00:29:19
60	15	9	Women's 5km Open	W080	袁慧敏	Yuen Wai Man	F	00:29:35
69	18	10	Women's 5km Open	W068	郭嘉玲	Kwok Ka Ling Lillian	F	00:30:08
70	19	11	Women's 5km Open	W026		Evangeline	F	00:30:09
71	20	12	Women's 5km Open	W062	謝玉燕	Tse yuk yin	F	00:30:11
74	21	13	Women's 5km Open	W190		Sze Pui Ka	F	00:30:35
75	22	14	Women's 5km Open	W183		Fan Dak Yee	F	00:30:54
80	24	15	Women's 5km Open	W105	冼慧婷	Sin Wai Ting	F	00:31:24
82	26	16	Women's 5km Open	W027		LO SO FAN	F	00:31:26
85	29	17	Women's 5km Open	W159	鄭詠芝	CHENG WING CHI	F	00:31:33
86	30	18	Women's 5km Open	W007	李沛薇一	Lee pui mei	F	00:31:35
88	31	19	Women's 5km Open	W141	廖靜	Liao Jing	F	00:31:41
89	32	20	Women's 5km Open	W146	吳嘉怡	Ng Ka Yi	F	00:31:43
91	33	21	Women's 5km Open	W185	呂珮寧	Lui Pui Ling Ada	F	00:31:53
92	34	22	Women's 5km Open	W140	陳曉慧	Lolita Stephanie Tan	F	00:31:56
94	35	23	Women's 5km Open	W131	黃嘉琪	Wong Ka Ki	F	00:32:02
95	36	24	Women's 5km Open	W081		Choi Sau Nam	F	00:32:09
98	37	25	Women's 5km Open	W106	潘文英	Poon Man Ying Betty	F	00:32:21
117	41	26	Women's 5km Open	W046	周鳳英	CHOW FUNG YING	F	00:33:46
119	42	27	Women's 5km Open	W169		Chan Nga Yu	F	00:33:50
127	45	28	Women's 5km Open	W157	李美儀	Michelle Lee	F	00:34:05
128	46	29	Women's 5km Open	W024		Cherry	F	00:34:11
134	49	30	Women's 5km Open	W040		April Rose F. Garcia	F	00:34:30
136	50	31	Women's 5km Open	W016	黃萍	WONG PING	F	00:34:45
138	51	32	Women's 5km Open	W074	陳慧妮	CHAN Wai Ni	F	00:34:53
139	52	33	Women's 5km Open	W042		SO Chi Tong	F	00:34:53
148	53	34	Women's 5km Open	W033	麥嘉琪	Mak ka kei	F	00:35:49

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149	54	35	Women's 5km Open	W006		LEE WAI SHAN	F	00:35:50
150	55	36	Women's 5km Open	W124	劉凱欣	Lau Hoi Yan Kimberley	F	00:35:50
153	56	37	Women's 5km Open	W020	梁彥欣	Yin Yan Jenny Leung	F	00:35:57
154	57	38	Women's 5km Open	W135	馮穎思	Fung Wing Sze	F	00:36:04
155	58	39	Women's 5km Open	W147	徐雅怡	Tsui Nga Yi	F	00:36:12
156	59	40	Women's 5km Open	W097	孔曉蕾	HUNG HIU LUI	F	00:36:16
157	60	41	Women's 5km Open	W066	馮曉晴	Fung Hiu Ching	F	00:36:19
159	61	42	Women's 5km Open	W139	陳佩兒	Chan Pui I	F	00:36:21
162	63	43	Women's 5km Open	W073	李倩雯	Li Sin Man	F	00:36:29
163	64	44	Women's 5km Open	W061		Wendy Yeung	F	00:36:30
166	65	45	Women's 5km Open	W113	黎淑婷	Lai Suk Ting	F	00:36:37
167	66	46	Women's 5km Open	W130	邵詩蕙	Siu Sze Wai	F	00:36:47
169	67	47	Women's 5km Open	W162		Barbara Man	F	00:36:52
170	68	48	Women's 5km Open	W126	劉素珍	Lau So Chun	F	00:36:52
171	69	49	Women's 5km Open	W182		Sophie Hurson	F	00:36:56
172	70	50	Women's 5km Open	W173	李潔文	Li Kit Man Abi	F	00:36:59
175	71	51	Women's 5km Open	W019	盧雪紅	LO SHUET HUNG	F	00:37:23
180	72	52	Women's 5km Open	W117	方競華	Fong King Wah	F	00:37:36
182	73	53	Women's 5km Open	W036	黎少英	LAI Siu Ying Caroline	F	00:37:43
183	74	54	Women's 5km Open	W180	陳國蓮		F	00:37:46
189	78	55	Women's 5km Open	W053		Lam Chau Mui	F	00:38:08
194	79	56	Women's 5km Open	W116	賴惠華	Lai Wai Wah	F	00:38:34
195	80	57	Women's 5km Open	W112	郭珊蓮	Kwok Shan Lin	F	00:38:45
197	81	58	Women's 5km Open	W123	洪麗萍	Hung Lai Ping	F	00:39:00
198	82	59	Women's 5km Open	W179		Go Shun Shun Louisa	F	00:39:04
200	84	60	Women's 5km Open	W009	劉美華	Liu Meihua	F	00:39:12
201	85	61	Women's 5km Open	W069	周小玲	Chow Siu Ling	F	00:39:20
204	88	62	Women's 5km Open	W167		Fion Yip	F	00:39:37
205	89	63	Women's 5km Open	W168		Agatha Tang	F	00:39:42
206	90	64	Women's 5km Open	W088	吳鑑欣	Ng Kam Yan	F	00:39:56
207	91	65	Women's 5km Open	W079	李惠英	LI WAI YING	F	00:39:57
212	92	66	Women's 5km Open	W156		Jingru Wang	F	00:40:01
213	93	67	Women's 5km Open	W165		Wu Ut Man	F	00:40:02
215	94	68	Women's 5km Open	W090		Lee Mei Wah May	F	00:40:26

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220	97	69	Women's 5km Open	W154		Jalen Mak	F	00:40:33
221	98	70	Women's 5km Open	W153		Fien Tong	F	00:40:33
223	99	71	Women's 5km Open	W064	吳雪儀	Ng Suet Yee	F	00:40:35
224	100	72	Women's 5km Open	W176	張芷齊	Cheung Tsz Chai	F	00:40:37
225	101	73	Women's 5km Open	W065	吳家琪	Ng Ka Ki	F	00:40:39
226	102	74	Women's 5km Open	W051	李妙芳	Li Miu Fong	F	00:40:40
228	103	75	Women's 5km Open	W014	石惠蓮	SHEK WAI LIN	F	00:40:58
229	104	76	Women's 5km Open	W164		Ho wai Ting	F	00:41:27
231	105	77	Women's 5km Open	W060		Lu Kuei Ying	F	00:41:48
234	108	78	Women's 5km Open	W142	譚樂聆	Tam Lok Ling	F	00:41:57
236	109	79	Women's 5km Open	W108		Nina Miguel	F	00:42:02
238	110	80	Women's 5km Open	W031	姜慧玲	Keung Wai Ling	F	00:42:05
240	111	81	Women's 5km Open	W045	麥家敏	Mak Ka Man	F	00:42:15
246	112	82	Women's 5km Open	W011	黃文英	WONG MAN YING	F	00:42:51
247	113	83	Women's 5km Open	W044	黎靜婷	Lai Ching Ting	F	00:42:53
248	114	84	Women's 5km Open	W174		Zoe Mak	F	00:43:02
251	115	85	Women's 5km Open	W018	盧雪珍	LO SUET CHUN	F	00:43:28
252	116	86	Women's 5km Open	W114		Mary Velasco Lazaro	F	00:43:31
253	117	87	Women's 5km Open	W032	李舒婷	LI SHU TING	F	00:43:43
254	118	88	Women's 5km Open	W030		wong mei oi	F	00:43:43
256	119	89	Women's 5km Open	W177	凌蕭月嫦	Ling Siu Yuet Sheung	F	00:43:48
257	120	90	Women's 5km Open	W118	鍾金敏	Chung Kam Man	F	00:44:08
258	121	91	Women's 5km Open	W089		Chan Hoi Ching	F	00:44:19
259	122	92	Women's 5km Open	W023	甄巧華	Yan Hau Wa	F	00:44:27
264	123	93	Women's 5km Open	W189	呂俊芬	Lui Chun Fan	F	00:45:00
267	124	94	Women's 5km Open	W158	施宛然	SZE YUEN YIN	F	00:45:18
269	125	95	Women's 5km Open	W160		Mary Man	F	00:45:27
272	126	96	Women's 5km Open	W102	詹婉蘭	Jim Yuen Lan	F	00:45:45
273	127	97	Women's 5km Open	W086	毛慧玲	Mo Wai Ling	F	00:45:58
274	128	98	Women's 5km Open	W121	陳秋明	Chan Chau Ming Iris	F	00:46:19
275	129	99	Women's 5km Open	W085	陳素媚	Chan So Mi	F	00:46:20
279	132	100	Women's 5km Open	W143	吳冬萌	Ng Tung Mang	F	00:46:39
281	133	101	Women's 5km Open	W054		LEUNG CHING HAN	F	00:46:46
282	134	102	Women's 5km Open	W104	陳婉菁	Chan Yuen Ching	F	00:46:59

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
289	141	103	Women's 5km Open	W038		Marie Diane T. Gerio	F	00:47:18
291	142	104	Women's 5km Open	W125	張笑梅	Cheung Siu Mui	F	00:48:25
292	143	105	Women's 5km Open	W127	陳寶蓉	Chan Po Yung Molina	F	00:48:25
293	144	106	Women's 5km Open	W137	張鳳儀	Cheung Fung Yi Sabrina	F	00:49:05
294	145	107	Women's 5km Open	W071	趙玉玲	Chiu Yuk Ling	F	00:49:22
295	146	108	Women's 5km Open	W115		Estelita A Marimla	F	00:49:24
299	147	109	Women's 5km Open	W166		Leung Lai Wa	F	00:49:55
300	148	110	Women's 5km Open	W122	關惠玲	Kwan Wai Ling Jojo	F	00:50:24
304	152	111	Women's 5km Open	W099	侯珍彩	Hau Chun Choi Kitty	F	00:50:29
305	153	112	Women's 5km Open	W188	彭詩恩	Pang Sze Yan	F	00:50:33
306	154	113	Women's 5km Open	W155		Mandy Cheung	F	00:50:54
308	155	114	Women's 5km Open	W001	莫凱恩	Priscilla Mok	F	00:51:07
309	156	115	Women's 5km Open	W072	方麗華	FONG LAI WAH	F	00:51:23
310	157	116	Women's 5km Open	W057	劉春英	LIU,chunying	F	00:51:35
311	158	117	Women's 5km Open	W055	王曉彬	WANG Xiao Bin	F	00:51:52
312	159	118	Women's 5km Open	W056	王曉彬	Wang Xiao Bin	F	00:51:53
313	160	119	Women's 5km Open	W021		Cheung Yin Ling	F	00:51:55
314	161	120	Women's 5km Open	W187	葉淑貞	Yip Shuk Ching	F	00:51:57
315	162	121	Women's 5km Open	W163		Helen Man	F	00:52:07
316	163	122	Women's 5km Open	W186		Lam Pik Yu	F	00:52:15
320	164	123	Women's 5km Open	W181	余美萍		F	00:52:45
322	166	124	Women's 5km Open	W092	藍玉英	Lam Yuk Yung Carmen	F	00:52:45
324	167	125	Women's 5km Open	W161		Joyce Lee	F	00:53:28
328	171	126	Women's 5km Open	W094	藍珍美	Lam Chun Mei	F	00:54:28
329	172	127	Women's 5km Open	W028	梁燕平	Leung Yin Ping	F	00:54:37
331	173	128	Women's 5km Open	W128		Tong Tvonne	F	00:54:40
332	174	129	Women's 5km Open	W076		Kai Man Man	F	00:54:40
333	175	130	Women's 5km Open	W039		Marchessa Anna G. Burce	F	00:55:06
336	176	131	Women's 5km Open	W037	陸美蓮	Luke Me I Lin	F	00:57:36
338	177	132	Women's 5km Open	W091	藍少雄	Lam Siu Hung	F	00:58:28
344	182	133	Women's 5km Open	W093	黃小燕	Wong Siu Yin	F	01:02:12
345	183	134	Women's 5km Open	W120	梁麗君	Leung Lai Kwan	F	01:02:40
346	184	135	Women's 5km Open	W119	宋惠馨	Sung Wai Hing	F	01:02:41
347	185	136	Women's 5km Open	W148	羅欣兒	Law Yan Yi	F	01:02:53

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
348	186	137	Women's 5km Open	W129	黃兆華	Wong Siu Wah Ann	F	01:03:54
351	187	138	Women's 5km Open	W138	陳妙香	Chan Miu Heung	F	01:04:04
352	188	139	Women's 5km Open	W084		Lao Helen Hon Lam	F	01:06:27
353	189	140	Women's 5km Open	W082		Lao Connie Hon Ying	F	01:06:27
354	190	141	Women's 5km Open	W083		Lo Ho Sai	F	01:06:32
355	191	142	Women's 5km Open	W111	鄧晚嬌	Tang Man Kiu	F	01:07:28
356	192	143	Women's 5km Open	W063	吳雪娟	Ng Suet Kuen	F	01:11:00
358	193	144	Women's 5km Open	W171		Shalina Wong	F	01:12:39
7	7	1	HCP Invitation (Men's 5km)	E18		Wan Ching Kit	M	00:22:07
18	16	2	HCP Invitation (Men's 5km)	E26		Chan Kin Yip	M	00:25:35
37	30	3	HCP Invitation (Men's 5km)	E27		Lai Wing Kai Marcus	M	00:27:28
42	32	4	HCP Invitation (Men's 5km)	E28		Hui Wai Man	M	00:27:59
50	37	5	HCP Invitation (Men's 5km)	E25		To Ka Fai	M	00:29:06
65	48	6	HCP Invitation (Men's 5km)	E17		Tsang Chiu Chi	M	00:29:54
77	55	7	HCP Invitation (Men's 5km)	E16		Lo Yi Tat	M	00:30:57
107	68	8	HCP Invitation (Men's 5km)	E22		Lau Kam Piu	M	00:33:06
111	71	9	HCP Invitation (Men's 5km)	E14		Lui Tak Wai David	M	00:33:28
192	114	10	HCP Invitation (Men's 5km)	E29	曾文和	Tsang Man Wo	M	00:38:32
208	117	11	HCP Invitation (Men's 5km)	E24		Chow Ming Tat	M	00:39:59
262	140	12	HCP Invitation (Men's 5km)	E21		Lee Tsz Chung Alex	M	00:44:57
21	3	1	HCP Invitation (Women 's 5km)	E54		Chun Po Yan	F	00:25:48
30	6	2	HCP Invitation (Women 's 5km)	E53	楊苡珊	Samantha Young	F	00:26:17
61	16	3	HCP Invitation (Women 's 5km)	E44		Cheung Shuk Man	F	00:29:48
79	23	4	HCP Invitation (Women 's 5km)	E38		Chiu So Ting	F	00:31:18
83	27	5	HCP Invitation (Women 's 5km)	E33		Sit Pui Yi	F	00:31:33
103	39	6	HCP Invitation (Women 's 5km)	E36		Mak Phoebe Qiai Zhen	F	00:32:45
108	40	7	HCP Invitation (Women 's 5km)	E39		Yeung Shuk Ha	F	00:33:08
121	43	8	HCP Invitation (Women 's 5km)	E30		Wong Tin Wai	F	00:34:00
123	44	9	HCP Invitation (Women 's 5km)	E40		Cheung Siu Fung	F	00:34:02
131	47	10	HCP Invitation (Women 's 5km)	E52		Leung Suk Ching Dorothy	F	00:34:17
160	62	11	HCP Invitation (Women 's 5km)	E57		Wong Lai Sze Alice	F	00:36:26
185	76	12	HCP Invitation (Women 's 5km)	E49		Li Kwai Ling	F	00:37:52
202	86	13	HCP Invitation (Women 's 5km)	E46		Lau Sau Lin Tracy	F	00:39:33
218	95	14	HCP Invitation (Women 's 5km)	E42		Cheng Hop Chun	F	00:40:31

Overall Rank	Gender Rank	Category Rank	CatName	Bib	姓名	Name	Gender	Official Time
232	106	15	HCP Invitation (Women 's 5km)	E43		Ng Yui Yan	F	00:41:53
277	130	16	HCP Invitation (Women 's 5km)	E45		Lam Yuen Hung	F	00:46:39
283	135	17	HCP Invitation (Women 's 5km)	E34		Chan Ka Wai	F	00:47:07
285	137	18	HCP Invitation (Women 's 5km)	E35		Sze Tung Lei	F	00:47:07
287	139	19	HCP Invitation (Women 's 5km)	E51		Tse Siu Yung	F	00:47:07
301	149	20	HCP Invitation (Women 's 5km)	E32		Lee Hau Yi	F	00:50:25
302	150	21	HCP Invitation (Women 's 5km)	E56		Mak Kai Yee	F	00:50:25
303	151	22	HCP Invitation (Women 's 5km)	E31		Yee Shun Wah Amy	F	00:50:26
325	168	23	HCP Invitation (Women 's 5km)	E50		Cheng Chor King Lily	F	00:53:32
327	170	24	HCP Invitation (Women 's 5km)	E55		Wong So Yi	F	00:53:34
339	178	25	HCP Invitation (Women 's 5km)	E48		Huang Hiu Ying	F	01:00:08
341	180	26	HCP Invitation (Women 's 5km)	E47		Wong Ka Yi	F	01:00:09